

9 POWERFUL PARADIDDLE IDEAS

(ACTUAL PROOF THAT PARADIDDLES* ARE USEFUL)

ONE MEASURE IDEAS.....

1

R L R L R L L F F R L R L R L L F F R L R L R L L R L R L

2

R L R L R L L F F R L R L R L L F F R L R L L R L R L L

3

R L R L R L L F F R L R L R L L F F R L R L R L R L

TWO MEASURE IDEAS.....

4

R L R L R L L F F R L R L R L L F F R L R L R L L F F R L R L R L L F F R L R L R L L R L R L L

5

R L R L R L L F F R L R L R L L F F R L R L R L L F F R L R L R L L F F R L R L R L L R L R L L

TWO BEAT IDEAS.....

6

R L R L R L L F F R L R L L

7

F F R L R L R L R L

8

F F R L R L R L R L L R L R L L

9

F F R L R L R L L F F R L R L L

KEY

BASS SNARE HI TOM FLOOR TOM

*WARNING: EXERCISES MAY ALSO CONTAIN PARADIDDLE-DIDDLES.